



Kempinski Hotel  
Mall of the Emirates

DUBAI

فندق كمبينسكي مول الإمارات

SOFTOUCH *Spa*  
سوفتوش سبا

*Kempinski*

HOTELIERS SINCE 1897



A whole new dimension of Spa opens up as we learn to touch and communicate with you in a manner that honors your uniqueness and body type. The spa-experience then becomes a context where your true nature can blossom and unfold. Inevitably, this is what each one of us seeks.

## Welcome to a journey of self realization...

Our wide range of luxurious face and body treatments are tailor made through a diagnosis to further customize product selection and treatment for your body nature and for the optimizing better results.

We present a journey of self discovery...



# Massage Therapy

## TRADITIONAL BALINESE MASSAGE

An ancient deep tissue massage technique involves the use of oils. Pressure is applied to release areas of tense, knotted tissue as well as long massage strokes and skin rolling techniques to relieve stress and tension and improve circulation. The massage is performed using oil mixed with essential oil, which combines with the massage techniques applied to promote harmony of the mind, body and soul.

60/90 minutes, AED 505 / AED 680





### HOT STONE THERAPY

Allow the deep, penetrating heat of volcanic basalt stones melt the tension away. Heat to the muscles enhances relaxation, circulation and healing process of a therapeutic massage. This modality can combine energy work to help balance the body. Perfect for those wanting a super-deep tissue massage to help stubborn muscles release and relax.

60 /90 minutes, AED 545 / 785

### SPORTS MASSAGE

Perfect for a very active or athletic individual who seeks a muscle-intensive massage modality. Sports massage concentrates more on specific areas of the body along with stretching. It is ideal for recreational lifestyles to help relieve discomfort or pain from over activity.

45 minutes, AED 400



## REFLEXOLOGY

A foot treatment incorporating pressure points that mirror the body's key systems. This is an ancient healing art bringing soothing relief in modern times. Since ancient times, the Chinese have practiced foot reflexology to heal the body and mind to maintain balance and equality. It is a natural and non-medical approach towards healing.

60 minutes, AED 440

## Thai Massage

Thai Massage or Thai Yoga Massage is an ancient healing system combining acupuncture and assisted yoga postures. The treatment uses no oils or lotions. The recipient remains clothed by loose comfortable clothing throughout the treatment. The treatment consists of Compression, rhythmic pressing and stretching of the entire body. Thai Massage operates on the hypothesis that the body is permeated with "lom" or "Air" which is inhaled into the lungs and subsequently travels throughout the body through 72,000 pathways called "Sen" which therapists manipulate manually. Thai massage can help people relax, relieve aching muscles, increase circulation, provide a sense of well-being and promote relaxation.

60 minutes, AED 575



## LYMPHATIC MASSAGE

The lymphatic system is essential as the body's drainage system for cleansing and filtering out toxins. Congested lymph pathways can cause soreness, aches, pains and flu-like symptoms. This helps to clear the "passage-ways".

60 minutes, AED 470

## MOTHER TO BE

During pregnancy several discomforts and changes can happen to a woman's body. She will leave relaxed, pampered and stress-free. Pregnancy massages can help alleviate upper and lower back pain, aching knees and overall fatigue often associated with pregnancy.

45 minutes, AED 400

## CLASSIC SWEDISH MASSAGE

Swedish massage includes long, relaxing strokes, kneading, friction, tapping, and shaking motions. Improved circulation, relief of muscle tension, relaxation and well being are some of its benefits. Your body will feel rested and your mind at ease for a total pampering experience.

60/90 minutes, AED 400 / AED 575

## SOFTOUCH ARGAN OIL MASSAGE

Argan oil is commonly known as liquid gold and queen of oil. The oil is rich in Vitamin E and it is moisturizing, regenerating, antioxidant and nourishing. Recommend for dry and devitalized skin and promotes collagen production and fights against all signs of aging. Unwind with a traditional classic massage which utilizes long flowing strokes using pure argan oil to provide maximum wellbeing.

60 minutes, AED 420

## SOFTOUCH WELLBEING MASSAGE

This deeply penetrating massage was custom designed to reduce tension stress and anxiety from your body. Targeting specific muscles your therapist will use a unique warm oil to create a deep penetrating heat while applying a remedial range of techniques and pressures, concentrating on your areas of concern. This massage is superb for overworked, tired, stressed muscles to help stretch the body and alleviate fatigue.

60 minutes, AED 525

# Express Treatments

## NOURISHING SCALP TREATMENT

With Aromatic oils in the traditional style.

30 minutes, AED 295

## EASE NECK AND SHOULDER

To have this pain eased away can be a source of great pleasure. This massage with Aromatic oil relieves your tension build ups.

30 minutes, AED 295

## REVIVE LEG AND FEET

Gentle stroking up to the legs helpful for tired legs. The oil is well absorbed to the tissue, gives relaxing effects of the Aromatic oil used and strengthens the nerves.

30 minutes, AED 295

## EYE TREATMENT

This treatment revives and relaxes your tired and stressed eyes. A Specialized Massage and Mask brings back your eyes to their Sparkling best.

45 minutes, AED 370

## BACK MASSAGE

A good back massage can help relieve lower back pain. After a strenuous work out or sitting at desk all day your back muscles are likely to be tense from overuse or repetitive use. Let the therapist work these muscles and ease the tension away.

30 minutes, AED 315

## ANTI-AGE AND SPOT HANDS TREATMENT

Concerned of your hand due to aging problem, try our excellent anti-aging treatment which treats your wrinkles and dark spot in the hand.

45 minutes, AED 370

## FEET REPAIR TREATMENT

Remove the dryness of the Feet with this treatment. An anti-aging mask and scrub along with a relaxing massage will make your feet revive and rejuvenate.

45 minutes, AED 370



### Lip Renew Plump & De-Age Treatment

An anti-aging treatment to target the lip and mouth area to instantly and progressively achieve fuller, plumper and smoother lips with a more youthful skin surrounding the mouth for the perfect pout !

30 minutes, AED 315



# Body Scrubs & Wraps

## SALTMOUSSE-GLOW FULL BODY SCRUB

For a healthier, softer and smoother skin! French Sea Salt and organic fruit extracts enriched in pro-vitamin A and carrot seed oil are applied to your body creating the sweater ambiance experience. This innovative anti-aging , salt-mousse refi nes your skin unlike any other exfoliation treatment. Choose from two natural extract aromas papaya –pineapple or mango passion fruit.

30 minutes, AED 415

## FULL BODY POLISH (SMOOTH – HYDRATE)

A rich creamy textured skin refi ning body scrub to remove impurities and rough skin. Gentle and deep cleansing, Pevonia's body polish uses natural jojoba granules to activate the blood circulation without harming the fi ne capillaries, leaving skin soft ,silky and smooth.Perfomed within every body warp and self tan or as a sole treatment.

30 minutes, AED 420

## SPLENDOR EXFOLIATE

This special treatment is the beginning to a smoother, silkier body .An aromatic mixture of moisturizing oils, aromatherapy oils and sea salts are applied and massaged in circular motion all over the body.

30 minutes, AED 370

## AROMATIC MOOR MUD WRAP

This unique holistic, healing black magma dates back over 40,000 years. As warm Aromatic Moor Mud rich in 350 natural vitamins, minerals and enzymes is generously applied to the entire body, sore muscles, aches and pains are alleviated. This superb mud offers a gentle thermal action which stimulates and invigorates the body bringing a state of deep relaxation and well being.

60 minutes, AED 475

90 minutes, AED 625 (including Body Scrub)

## GREEN COFFEE BODY WRAP FOR CELLULITE

This wrap stimulates your body's ability to break down fat, increase metabolism and eliminate water retention. 100% pure micronized Green Coffee, naturally rich in Chlorogenic acid, polysaccharides and proteins as well as essential oils will smooth and enhance the skin's overall texture thus visibly reducing spongy, dimply, cellulite areas.

60 minutes, AED 500

90 minutes, AED 655 (including Body Scrub)

## CHOCOLATE LOVER'S DREAM

Give yourself a Chocolate Hug! A full Body exfoliation, a refreshing, powerful, skin re-charging chocolate oil massage and body mask uplift you with aroma.

The combined benefits detoxify, tone and soften the skin and stimulates your "happy feeling" endorphins.

60 minutes, AED 575

90 minutes, AED 840 (including Body Scrub)

## YOGURT WRAP WITH MANGO-PASSION FRUIT BODY SCRUB

Firming and brightening, this delightful tropical body wrap counteracts aging, evens skin tone, and delivers invigorating and toning benefits. Combining the tropical extracts of Mango and Passion Fruit, this wrap is rich in malic, tartaric, and citric acids, as well as anti-aging ingredients. The skin emerges revived, refreshed, smoother, firmer, and vividly brighter.

60 minutes, AED 605

90 minutes, AED 835 (including Body Scrub)

## DE-AGING TROPICAL PAPAYA-PINEAPPLE BODY WRAP

A full body exfoliating and body wrap treatment done by special Pevonia products flavored with the essence of fresh fruits like papaya and pineapple which eliminates dead skin cells and impurities, refines the epidermis, releases the negative ions and renders skin soft and silky while fruit extract deeply nourishes and rejuvenates revealing soft, velvety and glowing skin.

60 minutes, AED 605

90 minutes, AED 835 (including Body Scrub)



## DETOX BODY WRAP

Body wrapping is a therapeutic treatment that is used to detoxify the body using simple, all natural ingredients. Detoxifying the body through body wrapping not only creates inch loss and shrinking, it is also an excellent addition to any weight loss programme. The treatment sessions starts with a Turmeric scrub. Turmeric is anti bacterial and super amazing for the skin. It lightens and brightens the skin, reduces the appearance of stretch marks, evens skin tone, has anti aging benefits and gives a beautiful flawless glowing skin. Dead Sea Mud is applied to the entire body in the next phase of treatment and the body is wrapped with a hot blanket. Dead Sea mud has high concentration of minerals like magnesium, calcium and potassium. These minerals increase the blood circulation and cleanse the toxins out through the body pores and bring down the cellulite of your skin.

As healing and nourishing minerals seep in, warm heat relieves ache, pain, fatigue and stress. Skin surface becomes moisturized, nourished and toned displaying a healthy, vibrant glow.

**90 Minutes, AED 785**

## GOLD BODY WRAP

The full body Gold body scrub exfoliates dead skin cells, leaving only new, healthy and radiant skin visible and regulates the body's sebum production. Gold leaf firms and lifts the skin and protect against harmful free radicals with its high anti-oxidant content ensuring the skin complexion is radiant. The Gold gel full body mask enhances your tightening, firming and toning results on the problem areas like abdomen, legs and upper arms while fighting the appearance of cellulite and improving skin texture.

**60 Minutes, AED 575**

**90 minutes, AED 1045** (including Body Scrub)

## HYDRA – SEA SEAWEED WRAP

A body wrap treatment with micronized algae for mineralizing and toning the skin. Smooths orange peel skin, activates blood circulation and moisturizes the skin. An excellent wrap treatment to detoxify the body.

**60 Minutes, AED 475**

**90 minutes, AED 625** (including Body Scrub)

# Signature Therapies

## SOFTOUCH HARMONY

With a harmonious blend of scrubs, massage and facial, Softouch Harmony is a total relaxing ritual. This special treatment begins with a scrub to a smoother, silkier skin followed by various rhythmic massage strokes. Softouch Harmony includes a skin type relaxing mini-facial besides.

100 minutes, AED 840

## CHAKRA BALANCING CRYSTAL TREATMENT

Deeply meditative, this experience brings the body's seven main Chakras into alignment through a combination of massage, specific essential oil blends and healing crystals. Working subtly on the energetic body with profound effects, this truly unique experience leaves you feeling calm and in a state of harmony, resulting in an increase in overall wellbeing.

90 minutes, AED 1045

## THAI HERBAL COMPRESS

Thai Herbal compress ball consists of 100% natural herbs. The Herbal compress ball is an ancient form of Thai massage. This Massage ball blends the profound benefit of heat, aroma, herbs and acupressure therapy and is a wonderful way to combine heat therapy, herbal therapy and aroma therapy in one modality. The Treatment starts with a 40 minutes aromatherapy massage from head to toe followed by the massage with Thai herbal compress.

The unique combination and balance of these herbs within the compress balls work to promote your wellbeing through increased energy flow, skin nourishment and increased blood circulation and also relaxes your tension, revitalizes your body and recharges your energy and ultimately lets you experience a complete stage of Bliss.

75 minutes, AED 840

## LUXURY SLEEP TREATMENT

Sleep redefined as a Luxury Experience is essential to overall health and well being , a good night sleep does wonders for your body.The spa treatment starts with an aromatic moor mud wrap .As warm aromatic moor mud rich in 350 natural vitamins , minerals and enzymes is generally applied to the entire body, sore muscles , aches and pain are alleviated . This superb mud offers a gentle thermal action which stimulates and invigorates the body bringing a state of deep relaxation and well being. This is followed by lavender dreams full body massage, an exclusive massage experience uses lavender and purposeful massage technique to help you unwind, decompress and relax into much needed rest .The session ends with a nourishing scalp massage which relax the mind and promotes sleep.

120 Minutes, AED 945

## ARABIAN JOURNEY

Begin this journey polishing away unwanted toxins from the body using jojoba, rosemary and lemon to prepare your skin for the ultimate massage experience. The massage consists of first an elixir applied for the perfect brightening effect then a balm, infused with olive oil and bees wax not only to warm and relax the body but to increase hydration lost from the desert heat. After this revitalizing massage the body will be wrapped in a yogurt bended from ancient remedies to lighten and brighten the skin. Finally to close the ritual the treatment will finish with a scalp massage and body moisturisation.

100 Minutes, AED 1045

## JETLAG/ DE-STRESS TREATMENT

After a long day of travel or a hard day at work, calm and relax with this blissful treatment. An intense treatment to relieve the body of stress and toxins, using an aromatic volcanic mud to melt away the tension. Enjoy a detoxifying foot soak and exfoliation, followed by a mini foot reflexology whilst the body is cocooned in a muscle relaxing body wrap. After showering let your therapist put you into a deep state of relaxation and wellbeing with stress relieving full body massage. Finish off this de-stressing treatment with a refreshing and awakening facial combined with a scalp massage.

100 Minutes, AED 1045

# pevonia®

Swiss French spa line launched in 1991, Pevonia spa care bases its philosophy on the use of exceptional nature's finest marine and botanic organic resource and advanced manufacturing process, innovative holistic spa treatment to deliver outstanding, visible professional results and an unsurpassed spa experience. Pevonia placed in the healing hands of expertly-trained, highly educated skin care specialists. These skilled professionals administer outstanding skin care treatments to spa guests around the globe.

## PEVONIA FACIAL Treatments

### REFRESHER MINI-FACIAL

Have little time? You still have time to get pampered with this facial? Enjoy a perfect blend of cleansing, customized mask, toning and moisturizing, Unwind and relax.

**30 minutes, AED 270**

### PRESCRIPTIVE FACIAL

Not certain of the facial that's best for your skin? Let our aesthetician design one for you. Feel the soothing steam as your skin is deeply cleansed with enzyme exfoliation, extractions if needed and a customized treatment mask. Your therapist will tailor make you Facial treatment according to your skin type & concerns.

**60 minutes, AED 525**

### DEEP CLEANSING FACIAL

This is a deep pore cleansing facial, including an enzyme peel with steam to melt away impurities. Light extractions are performed, followed by an ampoule, mask, and moisturizer to balance and rejuvenate your skin. All Skin Types – Ask your therapist about the choice of high active ampoules to suit your skin concerns.

**75 minutes, AED 630**

### GENTLEMEN'S FACIAL

This facial will dissolve impurities, deep clean and hydrate your skin. You will experience complete relaxation and your therapist will customize your facial treatment according to your skin type & concerns.

**60 minutes, AED 525**

## LUMINOUS “C” & “SEA” FACIAL MASK TREATMENT

Pamper and protect your skin with this high-tech, medically formulated Vitamin C. Designed to promote change in your skin and to reduce the signs of sun damage and aging, this facial will hydrate, nourish, and protect your skin with its vitamin enriched, anti-oxidant formulation. It creates a more even, firmer, and radiant complexion.

75 minutes, AED 840

## CAVIAR FACIAL FOR HIM & HER

This amazing treatment revitalizes, hydrates, and firms the skin through a synergistic blend of rich botanicals. Vegetable extracts, crushed pearls, and marine caviar are layered together for deep penetration, resulting in a firmer, youthful, glow. Includes a luxurious Caviar Hand & Arm Massage.

75 minutes, AED 1040



# Mila D'Opiz

In 1938 as the company founder Mila Opitz first began to manufacture and sell a biological face cream, no one had any idea that she was laying the basis for the impressive career of this Swiss cosmetic company. The Mila d'Opiz vision is to provide people with the means of making them feel good about their skin.

A brand is a promise, a promise to the clients and to the future. The brand values of Mila d'Opiz Switzerland define the promise ever higher Quality, Naturalness, Modernity, Care and Beauty.

Quality has always played a central role for Mila d'Opiz. It shows in the product itself, in the high value ingredients and their formulation. Mila d'Opiz is synonymous with the highest quality. Naturalness is also central to Mila d'Opiz. It is given meaning through the active ingredients and raw materials used and the production procedures employed. Naturalness can also be seen in the way Mila d'Opiz listens to the wishes of the customers. This, together with the highest quality standards are the reasons why Mila d'Opiz is so trusted by professionals.

Try Mila d'Opiz skin care, your skin will cherish.

## Mila D'Opiz Body Treatments

### THEO-CAFFEINE MESO PATCH TREATMENT

This treatment is the cosmetic therapy answer to the unpleasant appearance of cellulite. The active ingredients deeply enter the skin via the pores on hip or abdomen area. The fatty cells are broken down and the development of new cells is prohibited, and excess fluids are drained as well. Your skin will appear more toned, firm and elastic. Increase your results with frequent treatments. Your spa therapist will assist you with a personalized plan.

60 minutes, AED 630

### BUST SHAPING & FIRMING TREATMENT

Your skin's regeneration gets a boost and your décolleté will reveal younger looking skin. During this treatment you will enjoy a smooth peeling, anti-age or lifting serum massage and a toning mask. Your skin feels smooth and rejuvenated, firm and elastic.

30 minutes, AED 335

## BUST AND THIGH - FIRMING & DETOX TREATMENT

Proteins, vitamins and minerals restructure the skin from deeply within, activating the collagen levels in the dermis. The purifying mask will balance your skin's natural oil levels and remove any impurities, leaving you with restructured, smooth and clear skin. The intense cooling sensation adds to the slimming effect of this treatment. The slimming and detoxing qualities of the mask improve the appearance of your legs. You will walk out of the treatment room with a fresh spring to your step!

60 minutes, AED 575

## HERBAL MASK – FOR BACK OR FOR FULL BODY

This treatment is ideal to even and purify your skin, deep cleansing the areas of concern. The cooling herbal mask soothes the skin and promotes its healing process. The body exfoliation prepares your skin to receive all the benefits of the mask. Your skin's oil balance is restored and will feel silky soft.

30 | 60 minutes, AED 295 | 565



# Mila D`Opiz Facial Treatments

## SKIN WHISPERER – LUXURY WHISPERER TREATMENT

Eternal youth... a dream come true with the innovative Skin Whisperer beauty care! A revolution on your skin with the powerful anti-ageing complex and plant stem cells. This treatment increases the collagen and elastin production in your skin, promotes firmness, reduces wrinkle-depth and gives you smoother and rejuvenated skin.

75 minutes, AED 2095

## CAVIAR WHITE TRUFFLE TREATMENT

The combination of exclusive black caviar and highest quality argan oil has an highly efficient effect on your skin. These natural ingredients restore and nourish the skin, slowing down the ageing process. The treatment will stimulate skin regeneration and protect the skin cells from free radicals.

75 minutes, AED 1255

## BRIGHTENING TREATMENT

This treatment helps to reduce pigmentation disorders and to even your skin tone. The natural oils nourish, regenerate and soothe your skin. The micro-circulation in your skin will be stimulated and will leave you with a clear, healthy glow.

60 minutes, AED 1045

## PHYTO de LUXE - GOLD TREASURE TREATMENT

A first class anti-ageing treatment that targets the prevention of photo-ageing and hormonal ageing. The treatment will reduce visible fine lines and wrinkles, strengthen the skin tissue and deeply nourish to correct early signs of premature skin ageing.

75 minutes, AED 1570

## SWISS POWER TREATMENT

A true energy booster for your skin! The treatment protects, energizes, soothes and deeply hydrates. The Vitamin-complex increases your skin's resistance against environmental influences, providing antioxidants. Your skin will be deeply hydrated and soft to touch.

60 minutes, AED 735

# Couples Zone

## Be My Valentine...

“LOVE KNOWS NO BOUNDARIES, PASS THEM ALL AND BE MINE FOREVER”

Indulge with Pure Gold Leaf Spa Treatments and elevate the experience to the new heights of Luxury.

The Treatment starts with a full body Gold body scrub which exfoliates dead skin cells, leaving only new, healthy and radiant skin visible and regulates the body's sebum production. Gold leaf firms and lifts the skin and protect against harmful free radicals with its high anti-oxidant content ensuring the skin complexion is radiant. In the next phase of treatment enjoy a Gold gel full body mask which enhances your tightening, firming and toning results on the problem areas like abdomen, legs and upper arms while fighting the appearance of cellulite and improving skin texture. A pampering aromatic massage follows to reduce anxiety, ease depression, boost energy levels and to strengthen the immune system and improve circulation.

**120 Minutes, AED 2615 for couples**

“TWO SOULS WITH BUT A SINGLE THOUGHT, TWO HEARTS THAT BEAT AS ONE”

### For Her

\* Foot spa -The experience begins with a foot ritual to purify both mind and body .Your feet will be exfoliated and then massaged with a detox oil to cleanse the body of impurities and prepare you for the transformation treatment to come.

\* Orange Sugar Scrub - A natural way to soften, exfoliate and to freshen up the skin. Its moisturizing properties prevent the skin from drying.

\* Argan oil Massage - Argan oil is commonly known as liquid gold and queen of oil .The oil is rich in Vitamin E and it is moisturizing, regenerating, antioxidant and nourishing. Recommend for dry and devitalized skin and promotes collagen production and fights against all signs of aging.





\* Prescriptive Facial - Let the aesthetician design for you one of our best facials according to your skin type and you will enjoy a perfect blend of cleansing, customized mask, toning and moisturizing.

\* Express Pedicure / Manicure - Choose either an express pedicure or manicure to finish the session.

## For Him

\* Foot spa -The experience begins with a foot ritual to purify both mind and body .Your feet will be exfoliated and then massaged with a detox oil to cleanse the body of impurities and prepare you for the transformation treatment to come.

\* Sea Salt Scrub - The exfoliating treatment which removes dead skin cells, invigorate the skin and helps to improve circulation and also encourages the regeneration and improve the texture of skin.

\* Argan oil Massage - Argan oil is commonly known as liquid gold and queen of oil .The oil is rich in Vitamin E and it is moisturizing, regenerating, antioxidant and nourishing. Recommend for dry and devitalized skin and promotes collagen production and fights against all signs of aging.

\* Gentlemen's Facial - This facial will dissolve impurities, deep clean and hydrate your skin.

\* Express Pedicure / Manicure - Choose either an express pedicure or manicure to finish the session.

**160 Minutes, AED 2930 for couples**

CELEBRATE LOVE WITH OUR SPECIAL PACKAGE! EXPRESS YOUR AFFECTION AS ONE AND SHARE A TREATMENT FOR TWO!!

Begin an exotic spa journey with a honey and ginger tea. The session starts with a refreshing coffee body scrub followed by an aromatic massage in candlelight on a bed atop with rose petals. Choose your favorite aroma of oil from our vast collection. The session ends with a facial cleansing which leaves your skin toned and moisturized.

An excellent spa treatment to reach Tranquility.

**120 Minutes, AED 2095 for couples**



# Promotion Packages

“AND NOW WE INVITE YOU TO RELAX.....”

Sublime with our Sensational spa treatment package. The treatment sessions starts with a Turmeric scrub. Turmeric is anti bacterial and super amazing for the skin. It lightens and brightens the skin, reduces the appearance of stretch marks, evens skin tone, has anti-aging benefits and gives a beautiful fl awless glowing skin. Enjoy a Balinese massage with our experts from the land of Bali in which pressure is applied to release areas of tense, knotted tissues as well as long massage strokes and skin rolling techniques to relieve stress and tension and improve circulation. The treatment session continues with a Skin brightening facial treatment to reduce the pigmentation disorders and to even your skin tone and it ends with an express pedicure or manicure of your choice.

Enjoy and Unwind!!

165 Minutes, AED 1465

“KEEP CALM AND PAMPER YOURSELF WITH OUR INVIGORATING SPA TREATMENT PACKAGE”

The session starts with a sea salt glow body scrub treatment which removes dead skin cells, invigorates the skin and helps to improve circulation. Scrubbing with salt also helps to remove bacteria from the skin and unclog the pores and also helps in skin regeneration. The next phase is a full body massage with our specialized orange essential oil which is obtained from the peels of orange by cold compression. Orange essential oil serves as a detoxifier, and is very good for maintaining healthy, smooth and glamorous skin. It's also anti-inflammatory, antidepressant and aphrodisiac. The session ends with an Eye treatment to revive and relax your tired and stressed eyes .A specialized massage and mask brings back your eyes to their sparkling best.

120 Minutes, AED 995

## “COOL OFF WITH THE SUMMER SPECIAL SPA THERAPIES THAT OFFER A SYNERGIC BLEND OF THERAPEUTIC AND REJUVENATING TREATMENTS BASED ON ORIENTAL SPA RITUALS”

Experience a refreshing combination of mango passion fruit and yoghurt body wrap followed by Balinese massage. Mango passion fruit is an exfoliating enzyme which helps in removing dead skin cells and surface dirt. It contains 85% water which helps in hydrating the skin in this scorching heat while the yoghurt wrap nourish the skin. Balinese massage uses a harmonious combination of stretching and acupressure techniques to stimulate the flow of blood, oxygen and “chi” (energy) around your body and bring relaxation and wellness. Balinese massage is ideal for weary travelers.

**120 Minutes, AED 890**

## “THE LUXURY HEALING SPA TREATMENT”

The Treatment starts with a Hot Stone Therapy - Allow the deep, penetrating heat of volcanic basalt stones melt the tension away. Heat to the muscles enhances relaxation, circulation and healing process of a therapeutic massage. Perfect for those wanting their muscles to release and relax. Reflexology is done in the next phase - A foot treatment incorporating pressure points that mirror the body's key system. Reflexology will help to heal the body and mind and to maintain balance and equality. Finish the session with a luxury Caviar Facial treatment - This amazing treatment revitalizes, hydrates and firms the skin through a synergistic blend of rich botanicals. The deep penetrating facial will result in a firmer and youthful glow of the skin.

**150 Minutes, AED 1360**

## “RENEWAL SPA TREATMENT”

The spa treatment session starts with a turmeric and tamarind scrub to exfoliate the body followed by a pampering aromatic massage. Mineral mud is applied on the body in the next session followed by wrapping with hot blanket which makes the skin surfaces moisturized, nourished and toned displaying a healthy vibrant glow. As healing and nourishing herbs seep in, warm heat relieves aches, pain, fatigue and stress. The session finishes with an advanced anti-aging facial from Miladopiz with Gold extracts which result in a maximum degree of radiant smoothness, firmness and anti-wrinkle effect.

**150 Minutes, AED 2300**

# Special Spa Retreat To Pamper Both Mother and Daughter

## For Mother

The treatment starts with a slimming & firming massage which combines relaxation with slimming results. Starting with a lymphatic massage of the legs, combined with tapping and roll movements, the skin is detoxified and toned. This incredible treatment will reduce fluid retention and fatigue in the legs. An Anti-Aging Luxury skin whisper facial treatment is done in the next phase. This treatment increases the collagen and elastin production in your skin, promotes firmness, reduces wrinkle depth and gives you smoother and rejuvenated skin. Eternal Youth .. A dream comes true with the innovative skin whisper beauty care!! The treatment ends with a Gel Manicure from Shellac which is an innovative manicure with a superior durability that resists nail chipping longer.

## For Daughter (above 16 years)

Enjoy an aromatherapy massage which includes long and relaxing strokes. Improved circulation, relief of muscle tension, relaxation are some of the benefits. A prescriptive facial follows the next phase in which your skin is cleansed. This treatment moisturizes, balances and rejuvenates your skin. The treatment ends with a manicure session which maintains beauty and health of your finger nails and hands.

## For Daughter (below 16 years of age)

Be ready to be pampered with our express manicure and express pedicure treatments.

165 Minutes, AED 3140 (For Mother & Daughter  
Above 16 Years Of Age)

165 Minutes, AED 2095 (For Mother & Daughter  
Below 16 Years Of Age)



# Beauty Room

Blackhead removal

AED 105

## WAXING

Full Body

AED 575

Hand

AED 200

Full Leg

AED 265

Half Leg

AED 200

Bikini

AED 265

Under arms

AED 95

## THREADING

Eye brow shape

AED 95

Upper lip

AED 55

Full Face

AED 265

Eye Brow Colouring

AED 125

Pedicure

AED 210

Manicure

AED 210

Tal Anti-Age Manicure

AED 420

Tal Anti-Age Pedicure

AED 420

Gel Manicure

AED 315

Gel Pedicure

AED 315

French Manicure

AED 265

French Pedicure

AED 265

Paraffin Manicure

AED 265

Paraffin Pedicure

AED 265



# General tips:

Allocate a minimum of 15 minutes prior to your treatment to allow yourself ample time to change and get ready. Arriving late is a breach of etiquette and will shorten your massage.

If you have any health concerns, Please inform our therapist before going for a massage. Please inform him/her if you are pregnant or have any allergies, heart problems, or have any medications, or any recent surgeries that may hamper the treatment process.

A 4 hour cancellation notice period is required to avoid being charged 50% of a scheduled appointment.

Please do not bring any valuables or jewellery to the spa. We are not responsible for any lost or stolen personal items.

It is appreciated that you take massage better on empty stomach or keep an interval of at least 1 hour after food. Drink lot of warm water during the days of treatment and this helps to flush out toxins from the body.

Please remove any contact lens before treatment to prevent any injury to the eyes.

You can purchase our products & gift vouchers from the spa reception.

Rest for one hour is advised after the massage; restrain from cold exposure, swimming, sun, drinking cold water/food for an hour after oil therapies.

For those who take treatment programs are advised to avoid sleeping in day time, heavy & oily meals, yoghurt, direct cold exposures, keeping awake at nights, and over exertion. Try to keep a relaxed & serene mind during the period of treatment programs.



Have a wonderful Spa experience!!!



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